



## **Using Video Modelling to explicitly and consistently teach Whole School Social and Emotional Learning**

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Teaching social emotional skills to entire school populations with success and consistency can be a difficult thing to achieve. Using Video Modelling and school based television, schools can teach these skills explicitly and effectively under the evidence based framework of School-wide Positive Behaviour Support.

The approach has been highly successful with feedback from Victorian schools, and as far as the USA indicating that schools who use this model have had excellent results. This unique approach for explicit learning, especially for special needs students, utilises very specific short video clips, to teach social and emotional skills across an entire school. The clips are shown strategically in classrooms and also via a school television show. It has a profound impact on a child's capacity to learn social and emotional skills, expected behaviours and self regulation. It is particularly effective for students on the Autism Spectrum.

By explicitly teaching behaviour and social skills, and emotional regulation skills, school culture and wellbeing improves dramatically. It is a student centred approach, is highly engaging, and has been proven to produce positive results across a range of school environments.

The use of short, specific video clips via a school-wide 'behaviour matrix' and a school television show is based on the evidence-based intervention of Video Self Modelling (VSM). It is a new visual approach to our education programs in schools.

Special needs students especially benefit from explicit teaching of behavioural, emotional and social skills if they are to achieve their potential. With the current initiative in Victorian education to implement SWPBS in schools across Victoria, schools also need a vehicle to implement which ensures fidelity, consistency and engagement. This approach is a proven vehicle to teach our special needs students social, behavioural and self-regulation skills in a highly engaging format.

'meTV' and 'The School Show' are both school-based daily television shows streamed online, that students watch as entertainment, but which cleverly teaches what is expected of them at school, and also social emotional skills. They have been created as a way to reach the entire school population, and both are based on the evidence-based intervention tool of VSM which underpins each show. It has been so successful that almost all special schools in Victoria watch it daily as a tool for behavioural and social change. With more than 60,000 views weekly, and over 1500 shows created to date, the shows are watched across Australia, and into the USA.