



**Queensland Department of Education & Training
Mental Health & Wellbeing Strategy
Students, Staff, Parents, Community**

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The Queensland Department of Education and Training has made a commitment and investment to student mental health and well-being across a broad spectrum of areas including policy and procedural guidelines, frameworks, curriculum content, human resourcing and the endorsement and liaison with of a host of community and online supports designed to benefit student and staff understanding and maintenance of mental health and well-being.

As part of this commitment DET has undertaken a number of key initiatives and actions. The Mental Health Strategy strengthens DET's response to addressing the needs of Queensland schools as an early intervention model and represents a whole-school systems or tiered approach which directs support at a range of different levels, generally described as universal, targeted and intensive. This model will support schools to manage students' mild to moderate mental health concerns as well as more acute and high risk concerns.

This suite of training complements each stage of risk for school communities and provides a holistic response to system improvement most importantly aligning with the Departments existing strategies such as the implementation of the mental health coaches state-wide and the state delivery of STORM and Suicide Risk Continuum Training (SRCT) already carried out across Queensland.

In addition DET has worked in partnership with QMHC and United Kingdom Maudsley International to train staff in the Wheel of Wellbeing (WoW). Developed by the Maudsley International, and based on the principles of positive psychology and research, the Wheel of Wellbeing (WOW) provides an integrated and practical approach to understanding mental health and wellbeing with the aim of increasing awareness of practical activities and attitudes that contributes to improved relationships, better learning and educational outcomes, increased productivity and creativity, community participation, and improved physical health and longevity.